

OGA SERVICE GUIDE



PUTTING WOMEN AND THEIR HEALTH FIRST

At OGA, we are dedicated to the idea of healthier, vibrant communities – one woman, one family at a time. To support you throughout the many stages of your life, we offer complete OB/GYN care for women in Meridian, Eagle, Nampa and surrounding Idaho communities.



GYNECOLOGICAL (GYN) SERVICES

It's important that you feel informed at every life stage... as well as prepared for what's ahead. All OGA gynecology services are designed to help you make informed decisions that will lead to better health outcomes for you and those who care about you. The goal is to ensure that you have quick, convenient access to the right people at the right time.

- General gynecology
- Wellness exams
- Menstrual irregularities
- Pelvic pain
- Endometrial ablation (Novasure)
- Management of endometriosis
- Breast care
- Sexual health
- General infertility
- Adolescent health
- STD screening
- Immunizations
- Colposcopy
- Ultrasound-guided biopsy
- LEEP
- In-office tubal ligation (Essure)
- Pediatric gynecology
- Pelvic ultrasound
- Sonohysterography
- Incontinence (Monarch sling)
- Contraceptive counseling (short-term, longer-term, and permanent)
 - Oral birth control pills
 - Nexplanon
 - Mirena
 - Paraguard
 - Sterilization
- Hysterectomy
 - Total hysterectomy
 - Abdominal hysterectomy
 - Vaginal hysterectomy
 - Laparoscopic hysterectomy
- Management of perimenopause and menopause
- Hormone Replacement Therapy
- Pelvic prolapse surgery
- DaVinci robotic surgery
- Office hysteroscopy
- Minimally-invasive surgery

ALIGNED BY PHILOSOPHY UNIFIED IN PRACTICE

OGA physicians and nurse practitioners are experts driven by curiosity and compassion to continually improve their service to area women. That's why we designed our medical group around evidence-based medicine, which is built on a growing body of scientifically-based, published and peer-reviewed medical research.



OBSTETRICAL (OB) SERVICES

Our team-based approach to caring for you “the OGA Way” is unique and well-respected. All OGA obstetrical services are delivered by a team of highly qualified professionals who will empower you with treatment options. This helps us make every experience you have with OGA safer and more personal.

Management of normal and high-risk pregnancy from pre-conception through postpartum recovery, including:

- Vaginal delivery
- Operative vaginal delivery
- Cesarean delivery (C-section)
- Vaginal birth after C-section (VBAC)
- Diabetes management
- Hypertension management
- Pre-term labor
- Twins
- Pre-eclampsia
- Non-stress tests
- AIUM-certified ultrasound services
 - Anatomical ultrasound
 - First trimester screening
 - Nuchal translucency
- Biophysical profiles

CALL US TODAY TO EXPERIENCE THE OGA DIFFERENCE

Because your healthcare needs are often time-sensitive, we do our best to schedule you quickly and conveniently.

For appointments, please call [\(208\) 888-0909](tel:2088880909).

Our triage nurse is standing by should you have questions or concerns about your health or medical care. Please call [\(208\) 888-0909](tel:2088880909) and ask to speak to the triage nurse.

If you are having a medical emergency, call 911 first.

